

# Jacob Wibberg's Success Story

## JACOB WIBBERG GETS HIS OWN APARTMENT

Jacob who prefers to be called, Jake, by family and friends had been talking to his mom, Harriet, about moving into his own place for a couple years. After all, Jake had graduated from high school and other people his age were moving out of their parent's homes. Jake's parents were hesitant due to Jake's diagnosis of Autism but when he kept up with his persistence to move out on his own his Mother questioned Jake's Support Coordinator about how



this could possibly work for Jake so he too could live on his own and be successful. Jake's Support Coordinator discussed the possibility of utilizing Remote Monitoring and Personal Assistance through the SDS program.

Jake has successfully been living in his own "Pad" as he likes to call his one bedroom apartment now since 6/8/2014 with supports from Remote Monitoring and PA through SDS program. Once Jake and his mom secured his apartment everything went very quickly and fell into place. The remote monitoring system was installed in his new apartment and was

explained in detail to Jake and his family members. The system is very portable and monitors Jake's front door and windows with sensors. If they are open when it is time for the alarm to be set, Night Owl Support System (NOSS) will contact Jake by phone to check and see if he is OK and why the door/window is open. The system is set to automatically alarm at 9:00 pm. The planning team discussed this would meet Jacob's needs the most and if he opens his front door or windows past 9:00 pm and does not answer his phone, NOSS will contact Harriet, who is listed as first emergency contact and lives within 10 minutes of Jake's apartment. NOSS also installed carbon monoxide and smoke detectors in Jake's apartment. If the door opens before 7:00am the same



#### SHARING SUCCESS

procedure will occur. Jake turns off his alarm himself when he gets up for work around 6:00am and catches his ride to work. Jake knows he is free to contact NOSS at any time with questions/concerns or even just to say "Hi".

Jake was provided with an easy 4-digit code for him to remember to access NOSS and their contact numbers are posted for easy access on his phone and refrigerator. NOSS can get in touch with Jake by calling a land line or his cell phone if needed.

Jake's PA staff works with him on learning ADL's and IADL's. Once Jake gets home from work his PA staff meets him at his apartment to review menus/decide what they will cook/prepare for his evening meal. They prepare his lunch for work the next day and work on any cleaning/picking up in his apartment. Jake is now doing his own laundry using the coin operated machines in his apartment complex which includes sorting, washing/drying and putting his clothes away. He makes his own bed every morning and is working on cleaning his bathroom. His PA staff takes him shopping and is working on helping him to make healthy choices with food and learning to budget and save money.

Jake loves living on his own and knows that he can go visit Mom and Dad anytime he wants. He is SO PROUD of his apartment and continues to amaze his parents. Jake's story is a success because of his natural supports, Remote Monitoring, Transportation and his PA services through the SDS program funded by the Community Support waiver.

Submitted by Penny Boillot, Support Coordinator, Osage County Special Services

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